

PE

Year	Subject	AP	Band A	Band B	Band C
7	PE	AP1	<p>Students can:</p> <ul style="list-style-type: none"> ● Maintain the quality of technique for simple skills in isolated practices. ● Occasionally display skills with accuracy and fluency. ● Display the ability to make some successful and effective tactical decisions that have an impact on the outcome of performance. ● Occasionally contribute at a significant level for some of the game/performance. ● Occasionally adapt skills during some competitions to outwit/outperform others. ● Explain some rules and regulations and state the follow up/consequence ● Summarise the importance of living an active healthy lifestyle. 	<p>Students can:</p> <ul style="list-style-type: none"> ● Quality of technique is starting to be maintained for simple skills in isolation. ● Accuracy and fluency is starting to be demonstrated in various skills. ● Occasionally display the ability to make some successful and effective tactical decisions that have an impact on the outcome of performance. ● Attempt to contribute at a significant level for some of the game/performance. ● Attempt to adapt and skills during some competitions to outwit/ outperform others. ● Explain rules and regulations with some clear examples ● List the importance of living an active healthy lifestyle. 	<p>Students can:</p> <ul style="list-style-type: none"> ● Attempt to maintain the quality of technique for some simple skills in isolated practices. ● Understand the importance accuracy and fluency has on performance. ● Attempt to make decisions that have an impact on the outcome of performance. ● Make a little contribution to some of the game/performance. ● Understand the need to adapt skills during the competition to outwit/outperform others. ● List few rules and regulations in limited sports

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					<ul style="list-style-type: none"> Understand the importance of living an active healthy lifestyle.
7	PE	AP2	<p>Students can:</p> <ul style="list-style-type: none"> Display accuracy and success in a range of challenging situations which affect the opponent Display confidence and competence leading a group, demonstrating various methods of communication Describe many of the short and long term effects of exercise on physical, mental and social well being Discuss rules and regulations and state the follow up/consequence with more indepth knowledge 	<p>Students can:</p> <ul style="list-style-type: none"> Display accuracy and success when performing basic skills in a game Explain the benefits of regular participation in physical activity Display confidence and some success by leading a small group Explain some rules and regulations and state the follow up/consequence 	<p>Students can:</p> <ul style="list-style-type: none"> Attempt with some success of accuracy and in performing basic skills in a game Describe the benefits of regular exercise Demonstrate confidence and leadership in warm-ups and activities. Explain rules and regulations with some clear examples
8	PE	AP1	<p>Students can:</p> <ul style="list-style-type: none"> Maintain the quality of technique for simple skills in isolated practices and some challenging tasks and attempt complex skills. Securely display skills with accuracy and fluency for the majority of the time in isolation 	<p>Students can:</p> <ul style="list-style-type: none"> Maintain the quality of technique for some skills in isolated practices. Occasionally display skills with accuracy and fluency. 	<p>Students can:</p> <ul style="list-style-type: none"> Quality of technique is starting to be maintained for more skills in isolated practices. Accuracy and fluency is starting to be demonstrated in more skills

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			<ul style="list-style-type: none"> • Display the ability to make some successful and effective tactical decisions that have a positive impact on the outcome of performance. • Contribute at an effective and significant level for some of the game/performance. • Adapt and maintain skills during some competitions to outwit/outperform others. • Discuss rules and regulations and state the follow up/consequence with more indepth knowledge • Describe the importance of living an active healthy lifestyle. 	<ul style="list-style-type: none"> • Display the ability to make some successful and effective tactical decisions that have an impact on the outcome of performance. • Occasionally contribute at a significant level for some of the game/performance. • Occasionally adapt skills during some competitions to outwit/outperform others. • Explain some rules and regulations and state the follow up/consequence • Summarise the importance of living an active healthy lifestyle. 	<ul style="list-style-type: none"> • Occasionally display the ability to make some successful and effective tactical decisions that have an impact on the outcome of performance. • Attempt to contribute at a significant level for some of the game/performance. • Attempt to adapt and skills during some competitions to outwit/outperform others. • Explain rules and regulations with some clear examples • List the importance of living an active healthy lifestyle.
8	PE	AP2	<p>Students can:</p> <ul style="list-style-type: none"> • Display precision, control and fluency in a wide range of simple skills and some complex skills in challenging activities, consistently making effective decisions to outwit an opponent. • Display consistent confidence and competence leading small groups and vary methods of communication when leading. • Describe most of the short and long term effects of exercise on physical, mental and social well being 	<p>Students can:</p> <ul style="list-style-type: none"> • Display accuracy and success when performing a range of simple skills in opposed situations and attempts of complex skills • Explain the benefits of regular exercise and can associate components of fitness with sports performance. • Display consistent confidence and lead a small group, demonstrating a range of communication skills. 	<p>Students can:</p> <ul style="list-style-type: none"> • Display consistent accuracy and success when performing skills in opposed situations. • Describe, in detail, the benefits of regular exercise. • Demonstrate consistent confidence and ability to lead a variety of activities to a small group. • Explain some rules and regulations and state the follow up/consequence

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			<ul style="list-style-type: none"> use their knowledge and understanding of rules and regulations to aid other roles such as coaching, scoring and referring 	<ul style="list-style-type: none"> Discuss rules and regulations and state the follow up/consequence with more indepth knowledge 	
9	PE	AP1	<p>Students can:</p> <ul style="list-style-type: none"> Maintain the quality of technique for all simple skills and some complex skills in isolated, challenging practices with errors. Often display skills with accuracy and fluency. Display the ability to make successful and effective tactical decisions that have a positive impact on the outcome of performance. Contribute at a highly effective, significant and sustained level for almost all of the game/performance. Adapt and maintain skills during the competition to outwit/outperform others. use their knowledge and understanding of rules and regulations to aid other roles such as coaching, scoring and referring . Analyse the importance of living an active healthy lifestyle. 	<p>Students can:</p> <ul style="list-style-type: none"> Maintain the quality of technique for simple skills and some complex skills in isolated practices and some challenging tasks. Securely display skills with accuracy and fluency. Display the ability to make some successful and effective tactical decisions that have a positive impact on the outcome of performance. Contribute at an effective and significant level for some of the game/performance. Adapt and maintain skills during some competitions to outwit/outperform others. Discuss rules and regulations and state the follow up/consequence with more indepth knowledge Describe the importance of living an active healthy lifestyle. 	<p>Students can:</p> <ul style="list-style-type: none"> Maintain the quality of technique for simple skills in isolated practices. Occasionally display skills with accuracy and fluency. Display the ability to make some successful and effective tactical decisions that have an impact on the outcome of performance. Occasionally contribute at a significant level for some of the game/performance. Occasionally adapt skills during some competitions to outwit/outperform others. Explain some rules and regulations and state the follow up/consequence Summarise the importance of living an active healthy lifestyle.
9	PE	AP2	<p>Students can:</p>	<p>Students can:</p>	<p>Students can:</p>

Year	Subject	AP	Band A	Band B	Band C
			<ul style="list-style-type: none"> ● Display effective accuracy and success performing a range of skills in challenging situations, which affect the opponent. ● Display confidence when effectively leading a group. Use various methods of communication when leading effectively. ● Explain the short and long term effects of exercise on physical, mental and social well being. ● use their knowledge and understanding of rules and regulations to better their performance through aiding tactics 	<ul style="list-style-type: none"> ● Display effective accuracy and success when performing a range of skills in opposed situations. ● Explain the short term and long term effects of exercise on physical, mental and social well-being. ● Display consistent confidence and lead a small group, demonstrating a range of effective communication skills. ● use their knowledge and understanding of rules and regulations to aid other roles such as coaching, scoring and referring 	<ul style="list-style-type: none"> ● Display consistent accuracy and success when performing a range of skills in opposed situations. ● Explain the benefits of regular exercise and can associate components of fitness with sports performance. ● Display consistent confidence and lead a small group, demonstrating a range of communication skills. ● Discuss rules and regulations and state the follow up/consequence with more indepth knowledge